

What world do you want to live in ?



O Peace Logic

the connecting, life and people friendly level

Basic characteristic of the culture of peace:

The human being is seen as a subject, with all his strengths and weaknesses

- **Equality of all people, Respect, attention and appreciation**
- **Being independent - self-worth is largely independent of the outside world**

Prerequisite is the self-acceptance, the recognition, naming and allow of feelings and needs

this results in:

- **Live self-determined**
- **Everyone may be as he is - tolerance**
- **Self-responsibility**
- **Inner joy determines life**
- **Action - individual: everyone has many sides**
- **Respect for all people**
- **Empathy*² - Acceptance**
- **Integrate - Togetherness**
- **Reparation - Reconciliation**
- **Non-violence - balance**
- **Listening - Connecting Openly**
- **Good constructive cooperation**
- **Mutual trust**
- **Freedom**

*² Empathy = The ability and willingness to recognize and understand sensations, thoughts, emotions, motives, and personality traits of another person.

O Security/violence logic

the separative, anti-life and anti-human level

Basic characteristic of the culture of violence:

The human being is seen as an object of evaluations, expectations and intentions

- **Value of people according to money, power, status, education, performance, appearance, etc.**
- **Necessary confirmation from outside - Adaptation and courting recognition**

Cause is the self-alienation, that cutting off of feelings and needs or separation of body, mind and soul

this results in:

- **Submission and conformity (believing in authority)**
- **Paternalism and manipulation**
- **Victim thinking - blaming others**
- **inner Fears determines life**
- **Equating individual and action**
- **Enemy identification**
- **Dehumanization - Distance**
- **Exclude - Be Separate**
- **Punish - Revenge**
- **Violent - against self and others**
- **Being right - often doctrinaire*³ thinking**
- **Ruthless exploitation**
- **Fundamental distrust**
- **Monitoring**

*³ doctrinaire = belief system and views that are presented as generally valid and from which no deviation is allowed or which are binding.